



## GO CANOEING IN ONE OF THE ISABERG REGION'S 388 LAKES

In addition to the Nissan River, the Isaberg region offers a total of 388 lakes waiting to be explored. Just a stone's throw from Isaberg, you'll find Algustorpsjön. Here, you can rent a canoe, kayak, or SUP and set out to discover the lake and its islands.

For more paddling adventures in stunning nature, don't miss Norra and Södra Vallsjön or the charming lake system featuring Storemalen, Mörkemalen, Skrivaregårdssjön, Våthultssjön, and Majsjön.

## CANOEING AT FEGEN NATURE RESERVE

Fegen Nature Reserve, often referred to as Sweden's southernmost wilderness, is a popular destination for paddlers. Here, you can enjoy the tranquility, go fishing, swim, or simply relax at a scenic campsite.

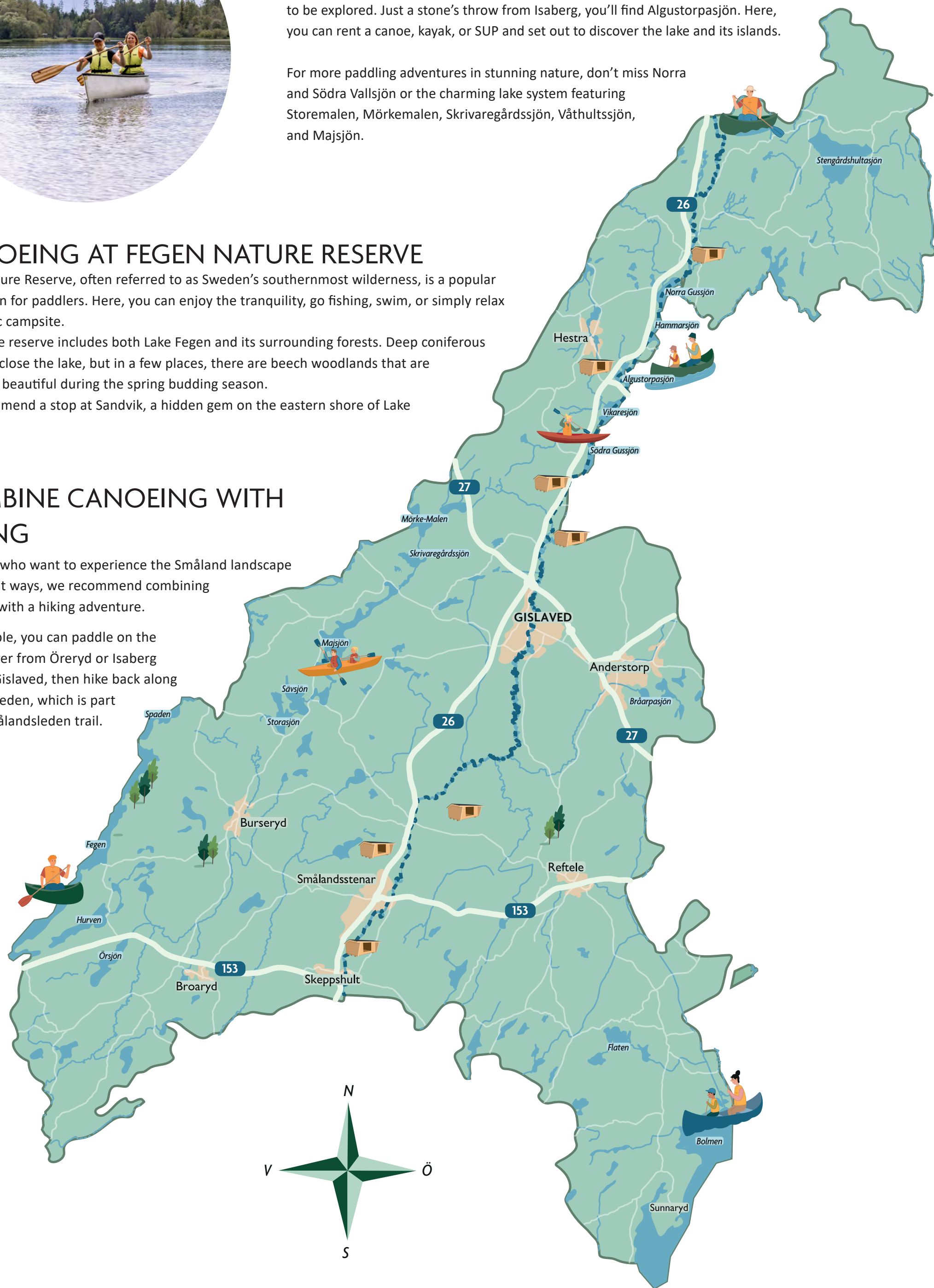
The nature reserve includes both Lake Fegen and its surrounding forests. Deep coniferous forests enclose the lake, but in a few places, there are beech woodlands that are incredibly beautiful during the spring budding season.

We recommend a stop at Sandvik, a hidden gem on the eastern shore of Lake Fegen.

## COMBINE CANOEING WITH HIKING

For those who want to experience the Småland landscape in different ways, we recommend combining canoeing with a hiking adventure.

For example, you can paddle on the Nissan River from Örebyrd or Isaberg down to Gislaved, then hike back along Gislavedsleden, which is part of the Smålandsleden trail.



Digital canoe map on [naturkartan.se](http://naturkartan.se) Scan the code!



## CANOE RENTAL

Isaberg Mountain Resort  
335 72 Hestra  
Phone +46 370 33 93 00  
[info@isaberg.com](mailto:info@isaberg.com)



Hestra Guesthouse  
Terrassvägen 6, 335 71 Hestra  
Telefon: +46 70 381 51 18 / +46 70 605 19 22  
Mail: [hestraguesthouse@gmail.com](mailto:hestraguesthouse@gmail.com)  
[www.hestraguesthouse.se](http://www.hestraguesthouse.se)



Hörsjöns camping  
Hörsjögatan 39, 333 31 Smålandsstenar  
[info@horsjonscamping.se](mailto:info@horsjonscamping.se)

## Hörsjöns Camping



## CANOEING TIPS

- Always wear a life jacket
- Bring plenty of water with you on your canoe trip. You won't necessarily find water to fill your bottles during the trip.
- There are no electrical sockets at the picnic/camping areas, so bring a power bank to charge your phone.
- Remember that even waterproof phones sink and may be hard to find if you drop them in the water. You might want to use a waterproof phone case.
- Consider using waterproof barrels/bags when packing.
- It's useful to bring a bow saw or pruning saw and an axe.
- Stay away from the wild animals and show respect.
- Only light fires in designated areas. There is a supply of wood at the picnic/camping areas. It is forbidden to chop down trees. After lighting a fire, extinguish it completely with water.
- Only pitch your tent at camping areas or next to wind shelters, never on private plots, pastures or planted areas.
- Respect the natural environment. Don't leave any litter.
- You can bring dogs with you to outdoor areas, but they are not permitted to run loose in the forests or countryside between 1 March–20 August

## CANOE CHEQUE

You need a canoe cheque to use the camping areas along the route. Prices, canoe cheque:

- adult 50 SEK
- child (up to 12) 25 SEK

Places that sell canoe cheques:

**Isaberg Mountain Resort**  
Box 122, SE-335 72 Hestra  
Phone +46 370 33 93 00  
[info@isaberg.com](mailto:info@isaberg.com)  
[www.isaberg.com](http://www.isaberg.com)

**Hestra Guesthouse**  
Terrassvägen 6, 335 71 Hestra  
Phone: +46 (0)70 381 51 18 / +46 (0)70 605 19 22  
[hestraguesthouse@gmail.com](mailto:hestraguesthouse@gmail.com)  
[www.hestraguesthouse.se](http://www.hestraguesthouse.se)

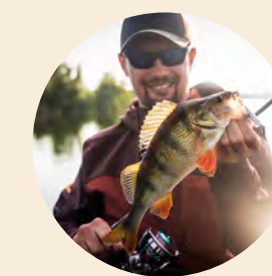
**Hörsjöns camping**  
Hörsjögatan 39,  
SE-333 31 Smålandsstenar  
[info@horsjonscamping.se](mailto:info@horsjonscamping.se)

## FREEDOM TO ROAM

The Swedish Right of Public Access gives everyone the right to roam freely in nature, including on private land, for instance to pick wild berries and mushrooms. You are allowed to walk across private property to access fishing waters, and to temporarily use a jetty if it is situated outside a private plot. You are allowed to access the shore, swim and temporarily moor a boat at a beach that doesn't belong to a private plot and isn't a protected bird habitat. You can also pitch a tent for a couple of days in the wild. Don't leave any rubbish and be careful if you light a fire. In protected natural areas, special rules apply that are displayed for visitors to read at the site. For more information about the Swedish Right of Public Access, visit [naturvardsverket.se](http://naturvardsverket.se)

## MORE THINGS TO DO

The Isaberg region has a rich cultural environment and versatile countryside, resulting in a wide range of leisure and outdoor activities all year round.



### FISHING

With its 388 lakes and streams, the Isaberg region offers fantastic fishing opportunities all year round for both sport and recreational fishermen.

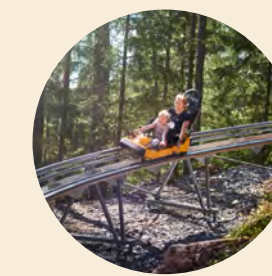
### BIRDWATCHING

Birdwatching is a fantastic way to get out into nature. In our part of Småland, you will find some of Sweden's best places for birdwatching, such as Draven and Store Mosse.



### ADVENTURE ACTIVITIES

The Isaberg region offers many exciting adventure activities. Here you can try both go-karting, tobogganing and and zipline in one of Isaberg's high ropes courses.



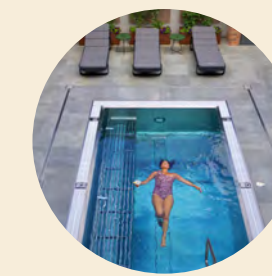
### WINTER SPORT

In winter, you can enjoy southern Sweden's largest ski resort, Isaberg Mountain Resort, a ski destination with 11 slopes. At the mountain there is accommodation, restaurants, ski rental, ski shop and ski school. Everything you need for a successful ski holiday.



### SPA

At Hestravikens Riverside Spa, guests can relax in the nature-inspired Spa complex, which enjoys a unique location by the Nissan River. Enjoy three hot outdoor pools and a sauna area that hangs out over the Nissan.



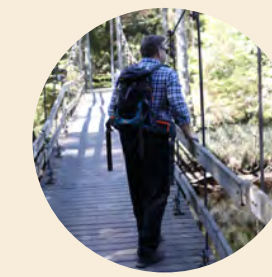
### MOUNTAINBIKE

Isaberg, the largest MTB area in southern Sweden, offers 25 marked trails, downhill and flow trails as well as Scandinavian's largest pump track. A true cycling paradise.



### HIKING

Discover our forests and landscapes in Småland by foot. In the Isaberg region, there are many hiking trails, both for the adventurous and for families with children.



### GLAMPING

Find peace and recharge your batteries in the forest. Happpie camp offers a magical experience hidden in the wild. Stay in a tastefully decorated tent right by a forest lake without a human in sight.



### SMÅLAND FLAVORS

In the Isaberg region, you can buy locally produced goods directly from the farms in Småland. Here you can buy bottled milk, just like in the old days. Buy vegetables directly from the grower and eggs from free-range hens or enjoy hand-made soaps or a cup of tea in self-designed ceramics.



# CANOEING

MAP AND INFORMATION  
ISABERG REGION,  
GISLAVED MUNICIPALITY



# CANOE TRAIL NISSAN



## CANOE TRAIL NISSAN

Experience the enchanting nature of Småland by canoeing on the Nissan, a waterway that offers calm waters and beautiful surroundings. You can choose to explore shorter sections of the trail or challenge yourself with a long-distance journey of approximately 72 km. Whether you are an experienced paddler or a beginner, Nissan provides a peaceful and nature-close experience for everyone.



## CAMPING AREAS WITH WIND SHELTERS

There are seven camping areas along the Nissan where you can stay overnight: Öreryd, Algustorpsjön, Bäckshult, Båraryds By, Rönnegården, Ågård and Skeppshult. All these camping areas have wind shelters, firewood, barbecue facilities, rubbish bins and toilets. You need a canoe cheque to use the camping areas along the route. Canoe cheques can be purchased at selected sales points along the Nissan. At Värö in Algustorpsjön, there is also a campsite managed by the County Administrative Boards of Sweden, as it is located within a nature reserve.



## PADDLE DISTANCE BETWEEN WIND SHELTERS

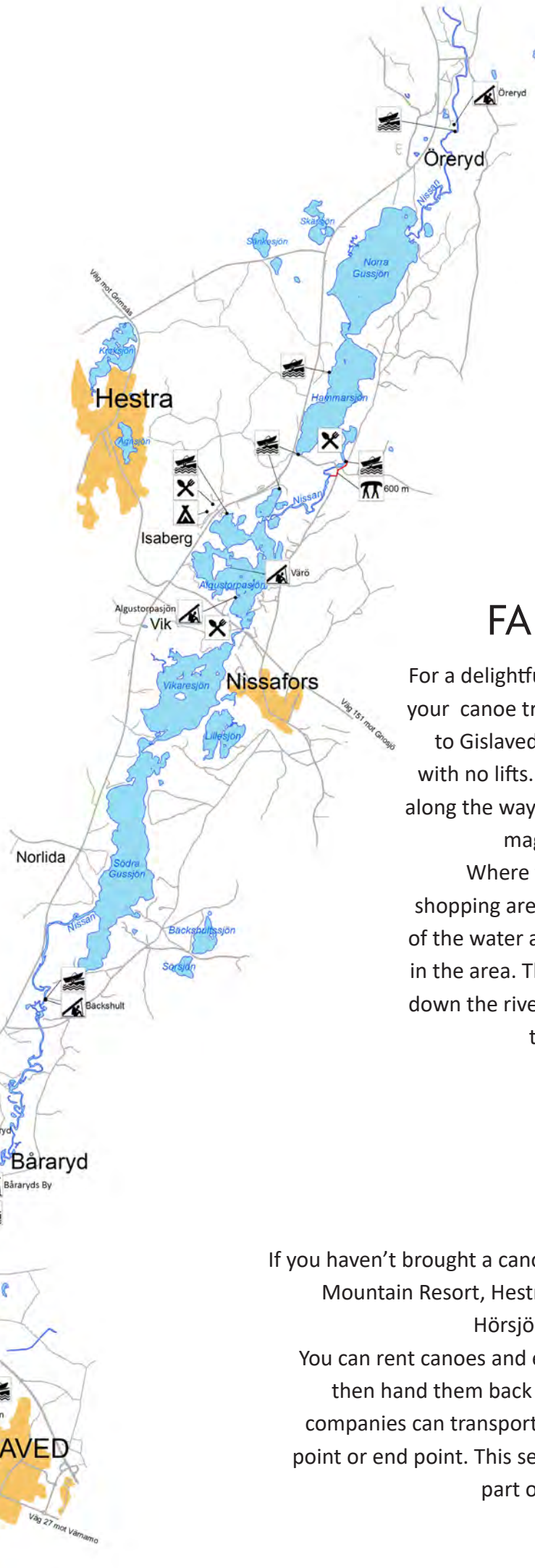
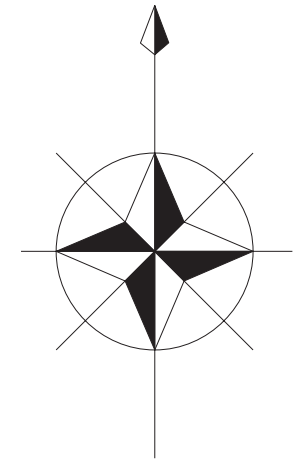
Öreryd (bridge) - Wind shelter Algustorpsjön 11 km  
 Wind shelter Algustorpsjön - Wind shelter Bäckshult 8 km  
 Wind shelter Bäckshult - Wind shelter Båraryd 7 km  
 Wind shelter Båraryd - Wind shelter Rönnegården 25 km  
 Wind shelter Rönnegården - Wind shelter Ågård 12 km  
 Wind shelter Ågård - Wind shelter Skeppshult 8 km

In total, it is approximately 72 km from Öreryd to Skeppshult.



## CANOE TRIP WITH OVERNIGHT ACCOMMODATION

If you want to paddle a long distance over several days, we recommend starting in Öreryd or Isaberg and paddling down to Skeppshult. This takes about 4–5 days. Along the canoe trail, you'll find many lovely camping areas with wind shelters where you can spend the night. You need a canoe cheque to use the camping areas along the route. Canoe cheques can be purchased at selected sales points along the Nissan.



## FAMILY DAY OUT

For a delightful family day trip, you can start your canoe trip at Isaberg and paddle down to Gislaved. This stretch is 15–20 km long with no lifts. You'll pass four camping areas along the way where you can take a break in magnificent natural surroundings. Where the river passes the Smålandia shopping area, you can take the canoes out of the water and visit one of the restaurants in the area. Then you can continue paddling down the river and end your trip with a visit to Gislaved Industrial Museum.



## CANOE HIRE

If you haven't brought a canoe, you can rent one at Isaberg Mountain Resort, Hestra Guesthouse or the campsite Hörnsjöns camping in Smålandsstenar. You can rent canoes and equipment at one location and then hand them back at your destination. The rental companies can transport the canoes to/from your start point or end point. This service allows you to choose the part of the route that suits you best.



## THE NATURE ALONG THE NISSAN

What truly makes the Nissan unique is its beautifully winding course. Through the slow, ever-on-going geological process known as meandering, the river continually reshapes itself, creating a living landscape where water and nature interact in constant change. For the most part, the Nissan flows calmly and gently, offering a sense of tranquility to those who spend time along its banks. The surrounding nature is rich and vibrant, with a diverse range of plant and animal life. Here, you may often spot deer and moose grazing near the water. As you travel along the Nissan, you will also pass several fascinating nature reserves. Discover the impressive ancient rock hill of Isaberg or explore the scenic areas of Värö, Ettö, and Villstad kyrkby.



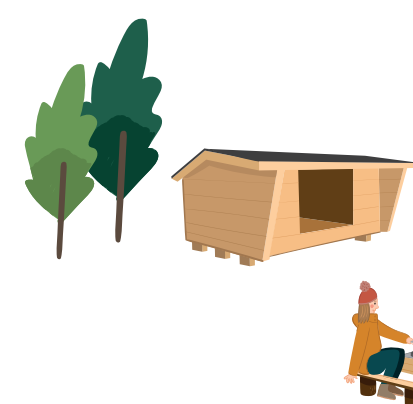
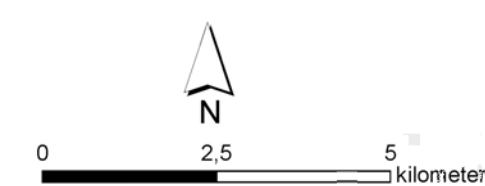
## TIPS ALONG THE WAY

A canoe trip along the Nissan River offers more than just stunning nature – there are several hidden gems that will make your experience even more memorable. Pull your canoe ashore at Hestraviken and enjoy first-class food with a view of Lake Algustorpsjön. Meet the peaceful cows grazing in the scenic Ettö Nature Reserve, or take the opportunity to drink crystal-clear water from Villstad Spring – just like King Charles XI once did. Scan the QR code for even more inspiring tips and experiences along the way.



### MAP KEY

- Urban area
- Road
- Nissan
- Outdoor pool
- Camping/picnic area
- Hostel
- Stretch where canoe needs to be carried
- Campsite
- Canoe launch area
- Café/restaurant
- Site of cultural interest



MORE TIPS  
ALONG THE WAY  
Scan the code!

