

FREEDOM TO ROAM

The Swedish Right of Public Access gives everyone the right to roam freely in nature. With this right comes a responsibility to show consideration for landowners, flora, fauna and other visitors.

- You are allowed to pick wild berries, flowers and mushrooms, but not to break twigs from living trees and bushes.
- Take care of plants and animals.
- You are allowed to walk across private property to access fishing waters.
- You are allowed to camp temporarily without the landowner's permission, provided you do not cause disturbance. Don't leave any rubbish and be careful if you light a fire. You should primarily use the fire places provided. In the nature reserves, lighting fires is only allowed in designated areas.
- From 1 March to 20 August, dogs are not allowed to run loose in areas where there is game.
- In protected natural areas, special rules apply, which can be read on site or at www.lansstyrelsen.se

For more information about the Swedish Right of Public Access, visit naturvardsverket.se/allemansratten



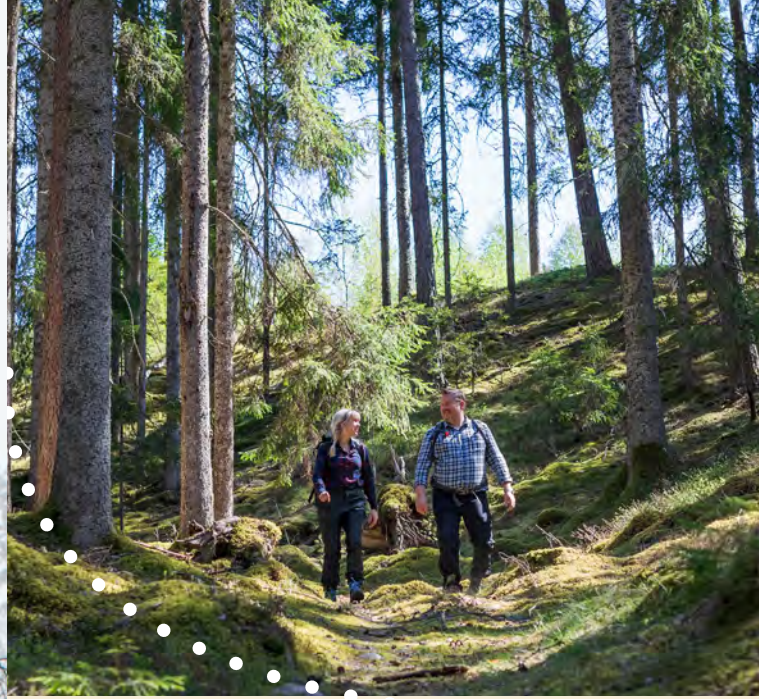
HIKING ON BOGS

Why not rent a pair of snowshoes to experience an unforgettable walk on one of the many beautiful bogs here in the region? You can rent snowshoes from Hestra Guesthouse, where the staff will also be happy to recommend good walking routes.

HESTRA GUESTHOUSE
FURUHILL • 1922

HIKE WITH A GUIDE

Whether you're a beginner or an experienced hiker, there's always something new to discover in nature. Join a guided tour and explore the unique wildlife, plant life, and history of the Isaberg region – and learn how to cook over an open fire.



NATUR- OCH KULTURSTIG NISSAN

In the area around Nissan in the town of Gislaved, you'll find plenty of fascinating sites of natural and cultural interest. A walk along the nature and culture trail Natur- och kulturstig Nissan is a great way to experience and find out more. Along the trail you'll find signs with information about the local flora, fauna and industrial and cultural history. You'll walk past several old industrial buildings and the Gislaved industrial museum, while enjoying beautiful views along the river. On the route is a barbecue area next to the Nissan. The nature and culture trail is marked with posts displaying the trail's specific logo.

- 5 NORTHERN ROUTE**

Length: 3 km

Marking: posts marked with the letter G

Difficulty: Uneven terrain
- 6 SOUTHERN ROUTE**

Length: 3,6 km

Marking: posts marked with the letter G

Difficulty: Relatively easy terrain



7 NISSANLEDEN
Length: 8 km
Marking: Arrow markings
Difficulty: Relatively easy terrain
Nissanleden is a walking path between Smålandsstenar and Skeppshult. The path follows the beautiful, meandering course of the river Nissan, and you'll find many beautiful places to admire along the way. A stone's throw from the path is one of the municipality's most impressive historic sites where you can admire Iron Age stone circles. Along the path is a picnic/camping area where the route passes Svenshult.



8 ANDERSTORPS STORMOSSE
Length: 3,5 km
Marking: unmarked
Difficulty: Easy/intermediate
Anderstorps Stormosse is a nature reserve with rich birdlife, covering an area of almost 2,000 hectares. If you're lucky, you might see common cranes or black grouse performing their mating ritual. From the village of Henja, a gravel path for pedestrians and cyclists extends north to Ekenäs. This path is about 3.5 km long. Why not hire a pair of snowshoes and explore the flora and fauna in the bog? The nature reserve also has a birdwatching tower, picnic/camping areas, fire places and a wind shelter.



9 DRAVEN RUNT
Length: 9 km
Marking: marked in orange
Difficulty: Easy/intermediate
The Draven nature reserve, situated about 10 km north of lake Bolmen, is one of Sweden's most interesting bird areas. The lake has been restored to its former state as a shallow lake subject to flooding, amid historic landscape. It now provides an important breeding ground for a wide variety of birds. There is a beautiful hiking trail around lake Draven with viewpoints, a birdwatching tower, a wind shelter, a fire place and a sleeping hut.



MORE THINGS TO DO

Isaberg region has a rich cultural environment and versatile countryside, resulting in a wide range of leisure and outdoor activities all year

CANOEING
Paddle a canoe and live a wonderful outdoor life along Nissan, one of Småland's most beautiful rivers. The Isaberg region also offers many beautiful paddle lakes such as Majsjön, Fegen and Bolmen.

BIRDWATCHING
Birdwatching is a fantastic way to get out into nature. In our part of Småland, you will find some of Sweden's best places for birdwatching, such as Draven and Store Mosse.

ADVENTURE ACTIVITIES
The Isaberg region offers many exciting adventure activities. Here you can try both go-karting, tobogganing and zipline in one of Isaberg's high ropes courses.

WINTER SPORTS
In winter you can enjoy southern Sweden's largest ski resort, Isaberg Mountain Resort, a ski destination with 11 slopes. At the mountain there is accommodation, restaurants, ski rental, ski shop and ski school. Everything you need for a successful ski holiday.

SPA
At Hestravikens Riverside Spa guests can relax in the nature-inspired Spa complex, which enjoys a unique location by the Nissan River. Enjoy three hot outdoor pools and a sauna area that hangs out over the Nissan.

MOUNTAINBIKE
Isaberg, the largest MTB area in southern Sweden, offers 25 marked trails, downhill and flow trails as well as Scandinavian's largest pump track. A true cycling paradise.

FISHING
With its 388 lakes and streams, the Isaberg region offers fantastic fishing opportunities all year round for both sport and recreational fishermen.

GLAMPING
Find peace and recharge your batteries in the forest. Happie camp offers a magical experience hidden in the wild. Stay in a tastefully decorated tent right by a forest lake, without a human in sight.

SMÅLAND FLAVOURS
In the Isaberg region, you can buy locally produced goods directly from the farms in Småland. Here you can buy bottled milk, just like in the old days. Buy vegetables directly from the grower and eggs from free-range hens or enjoy hand-made soaps or a cup of tea in self-designed ceramics.

HIKING AREA ISABERG - DAY HIKES

The Isaberg area offers a variety of hiking trails, making it a great starting point for those who prefer comfortable accommodations and day hikes. Here, you will find several loop trails of varying lengths and characteristics. For those looking for longer hikes, we recommend Gislavedsleden, particularly the section between Isaberg and Gislaved, which is about 25 km. From Gislaved, you can take a bus back to Hestra/Isaberg. Another enjoyable full-day hike is Järnbärarleden, which runs between Isaberg and Gnosjö, spanning approximately 20 km. From Gnosjö, you can also take a bus back to Hestra/Isaberg.

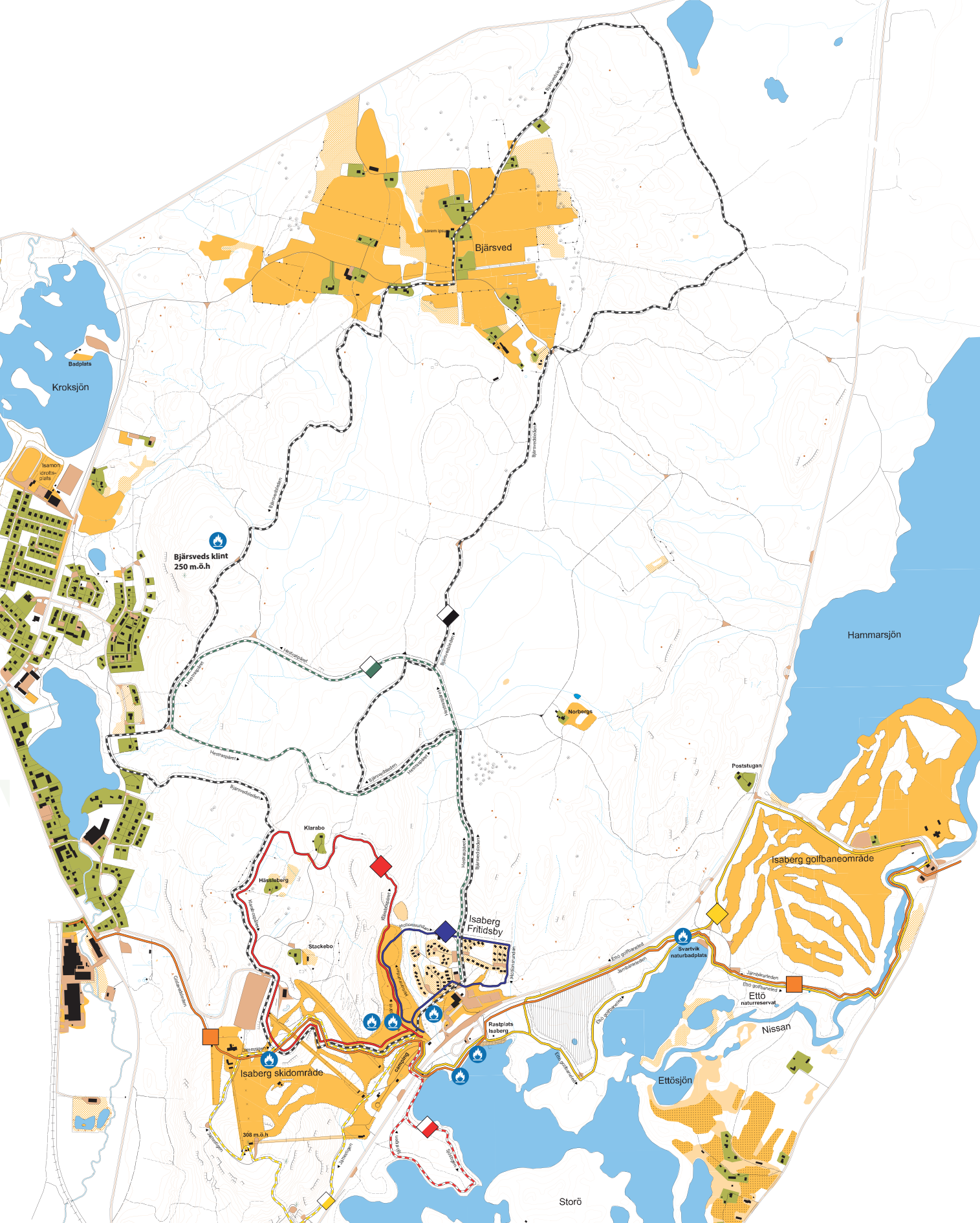
ETTÖ GOLFBANELED
Length: 6 km
Marking: Yellow
Difficulty: Intermediate, hilly terrain. Hikers and cyclists partly share the route.
This hiking trail offers a huge variety of different environments, wonderful nature and fascinating cultural environments. You'll walk from Isaberg, a hill consisting of primary rock, to the Ettö nature reserve. Ettö has an open, fertile delta landscape including fields, beaches and meadows. The hiking trail goes through fields where cows graze in the summer. The nature reserve mainly consists of open meadowland with birch and juniper trees. The area north of Svartvik features a mixture of broadleaf and coniferous forests. The trail takes you across the river Nissan on a beautiful suspension bridge and towards Isaberg golf course. The old Nissafors ironworks and a waterfall are situated here. If you don't want to walk the whole stretch, you can join the trail at Ettö nature reserve.

JÄTTESTIGEN
Length: 2,8 km
Marking: Yellow/white
Difficulty: Difficult, hilly terrain. Hikers and cyclists partly share the route.
Jättestigen is Isaberg's most challenging hiking route – 2.8 km long with a 160-meter elevation gain. The terrain is tough and will get your heart pumping, but the reward is well worth the effort.
Climb the new staircase, Jättetrappan, with its 450 steps, leading you through a rocky crevice all the way to the top, where a spectacular view awaits.
Along the way, you'll encounter the giant Berg and pass several fascinating spots.

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Trail information refers to: Length Metres of elevation Ease of access Puls	
Stugbyrundan 1,5 km 50 hm Intermediate Low	
Sjöstigen 2 km 20 hm Intermediate Low	
Jättestigen 2,8 km 155 hm Difficult High	
Klarabospåret 3 km 110 hm Difficult High	
Hestraspåret 5,5 km 160 hm Easy High	
Ettö golfbaneled 6 km 60 hm Intermediate Low	
Bjärsvedsleden 12,5 km 280 hm Intermediate Low	
Järnbärarleden 21 km 310 hm Intermediate	
Gislavedsleden 100 km Intermediate Low	

OBS! Routes marked in orange are not circular routes.





1 SMÅLANDSLEDEN (GISLAVEDSLEDEN)

Length: 100 Km

Marking: Orange

Ground surface: woodland path, gravel path, asphalt road

Difficulty: Easy/intermediate

Connections: Gislavedsleden is part of the larger Smålandsleden trail. In the south, it connects to Hallandsleden, and in the north, to Höglandsleden via Järnbärarleden.

Peaceful silence, enchanting forests, and mirror-like lakes. When hiking along Gislavedsleden, you get to experience the Småland landscape up close. Here, you will encounter lingonberry bushes, red cottages with white trim, and blooming pastures. The trail stretches from Isaberg in the north to Fegen in the south, passing through two nature reserves and several fascinating cultural environments. The 100-kilometer-long trail is divided into different sections, each with its own unique character.



HIKING AND WILD CAMPING

If you want to camp in the wild and sleep under the stars, there are four camping areas with wind shelters and fire places along Gislavedsleden. You can choose to hike the whole trail, which is about 100 km long and takes 4–6 days, or just part of the trail. Below you can see the different stretches of the trail and the distances between camping areas.

Isaberg/Hestra - Hägnalian 14 km

The stage begins at Isaberg, an ancient bedrock hill rising 309 meters above sea level. From the top, the nature reserve offers breathtaking panoramic views. The northern part of the stage is dominated by mystical coniferous forests, while the southern part features the characteristic Småland rural landscape. Along the way, you pass through the small villages of Stenhestra, Dämbo, and Slätteryd. The stage ends at the Hägnalian campsite.

Tips along the way

- The view from Isaberg.
- Isaberg Tower.
- Isaberg/Hestra: bus and train station, accommodation, grocery store.
- A detour to the Jättetryggen (Giant's Kettle) at Ångaberget.

Hägnalian - Leabo Sand 29 km

This stage is the longest and perhaps the most beautiful of the trail. In the central and southern parts of the route, you hike through a lake system surrounded by an enchanting forest landscape. Along the way, you pass Skrivaregårdssjön, Våthultsån, Majsjön, Gällesjön, Assbrunnen, Harsjön, and Sävsn. The stage ends at the Leabo Sand campsite.

Tips along the way

- Drinking water is available in Näs, on the gable of a house about 100 meters from the trail.
- Connection trail (5 km) to Gislaved town: bus stop, accommodation, grocery stores, restaurants.
- Arnåsholm: bus stop, accommodation.
- Swimming spots: Leabo Sand and Båraryd Kyrkesjön.
- At Våthultsström, there is a power plant that was put into operation in 1919. The elevation drop between Skrivaregårdssjön and Majsjön is just over 10 meters.

Leabo Sand - Boberg 14 km

The first part of this stage passes through a lake-rich area, offering many scenic views. After passing Föresjön, the forest becomes denser. In Knavrabo, Gislavedsleden connects to Knavraboleden, a three-kilometer nature trail featuring a viewpoint, a shelter, and old mill ruins.

The stage ends at the Boberg campsite, located in the northern part of the Fegen Nature Reserve. This reserve is often referred to as Sweden's southernmost wilderness.

Tips along the way

- Drinking water is available at the Förshult farm just before Hällabäck.
- Outside Hällabäck, the trail follows a section of the now largely decommissioned Västra Centralbanan railway between Landeryd and Falköping.
- Knavraboleden nature trail.



HIKING MAP, ISABERG REGION



HIKE BETWEEN ACCOMMODATIONS ALONG GISLAVEDSLEDEN

Hiking between accommodations is a comfortable adventure, allowing you to walk with a light pack without the need to carry campsite gear. Along Gislavedsleden, you will find several charming and authentic lodging options.

Scan the code and read more about hiking between accommodations!



3 KNAVRABOLEDEN

Length: 3 km

Marking: Red

Difficulty: Easy/intermediate. Please note: Unfortunately, this path does not provide adequate access for prams and mobility aids. Knavraboleden is an idyllic nature trail extending through picturesque forest landscape with four lakes. You'll pass a few streams with small bridges. There are several benches along the way where you can rest, and a cabin with barbecue facilities. The cabin has a panoramic window with a view of the enchanting natural surroundings. The route takes you past the remains of an old mill and an excellent viewpoint. You can continue walking along Gislavedsleden, which connects to Knavraboleden. Don't forget to bring a swimsuit and a picnic basket.

4 FORMINNESLEDEN

Length: 3 km or 7 km

Marking: Red (3 km), Green (7 km)

Difficulty: Easy/intermediate. Please note: Unfortunately, this path does not provide adequate access for prams and mobility aids. Fornminnesleden is a historic culture trail at the top of Gislaved Municipality. It includes two routes (3 km and 7 km) and passes many areas of historic interest. The trail mainly extends through beautiful forests, and also passes burial sites and cairns from the Iron and Bronze Ages. You can also see the remains of a trapping pit and a charcoal burner's hut. If you're lucky, you could meet one of the horses from the nearby riding school on your way through the forest. There are information boards at the car park opposite Öreryd church. At the end of the trail there's a picnic area with tables and benches.

Scan the code to read more about hiking!

